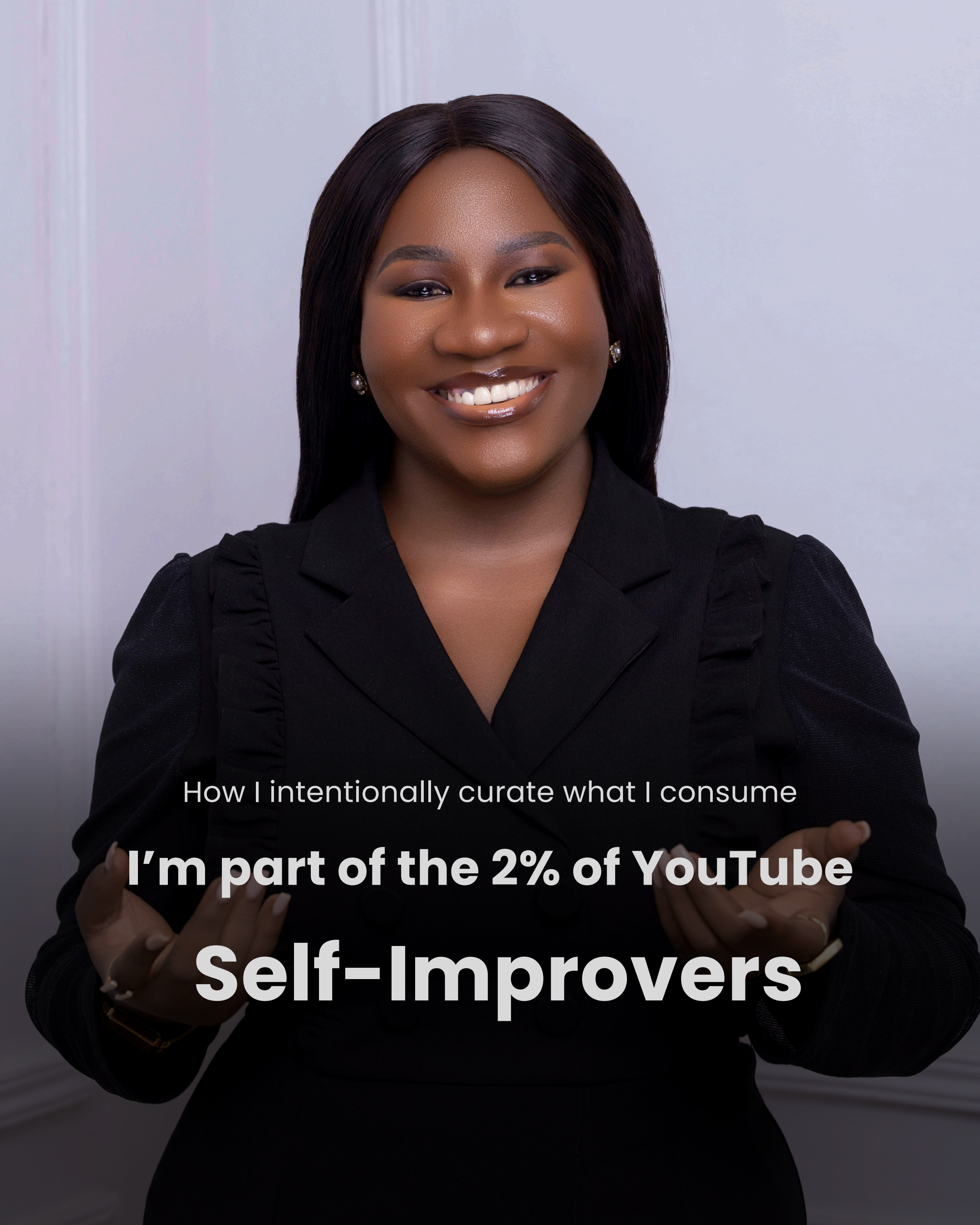

How I intentionally curate what I consume
I’m part of the 2% of YouTube
Self-Improvers

What It Means to Be a Self-Improver

"Self Improvers" are people who consistently invest in content that strengthens their thinking, habits, and performance.

Gem: Audit your inputs. Replace passive entertainment with content that builds capacity.



@rhodamusiima

What Shaped My Learning

- Personal development
- Business insights
- Current events

Gem: Shape your algorithm intentionally by watching more of what builds you.



@rhodamusiima

Spiritual

I spent hours watching:

- Prayer & worship
- Faith-based teachings

Gem: You’ll be transformed by the renewing of your mind.



@rhodamusiima

Cultured

I explored:

- Popular culture trends
- Mainstream news

Gem: Cultural awareness trains perspective.



@rhodamusiima

Strategic

Content that caught my mind:
- Marketing strategies
- Business growth
- How successful companies operate

Gem: Study processes, systems, not moments.



@rhodamusiima

Vision Alignment

Spiritual. Cultured. Strategic.
These three layers are aligned with the person I’m manifesting.

Which content are you intentionally consuming, and Why?



@rhodamusiima

How You Can Join the 2%

Simple habits that elevate growth:

- Watch one value-packed video daily
- Replace noise with intentional content
- Follow creators who reflect your future
- Track your learning themes monthly
- Let your interests guide your development



@rhodamusiima


Here’s how I made it to.
2% of YouTube’s
Self Improvers


Here’s to a meaningful 2026
May 2026 be the year you scale beyond self.



Regulation & Access

Digital Creators Summit


Values Drive Partnerships

Digital Inclusion



Consumer Behaviour